



Giving Focus

GREESHMA FOUNDATION MENTAL HEALTH CARE CENTRE

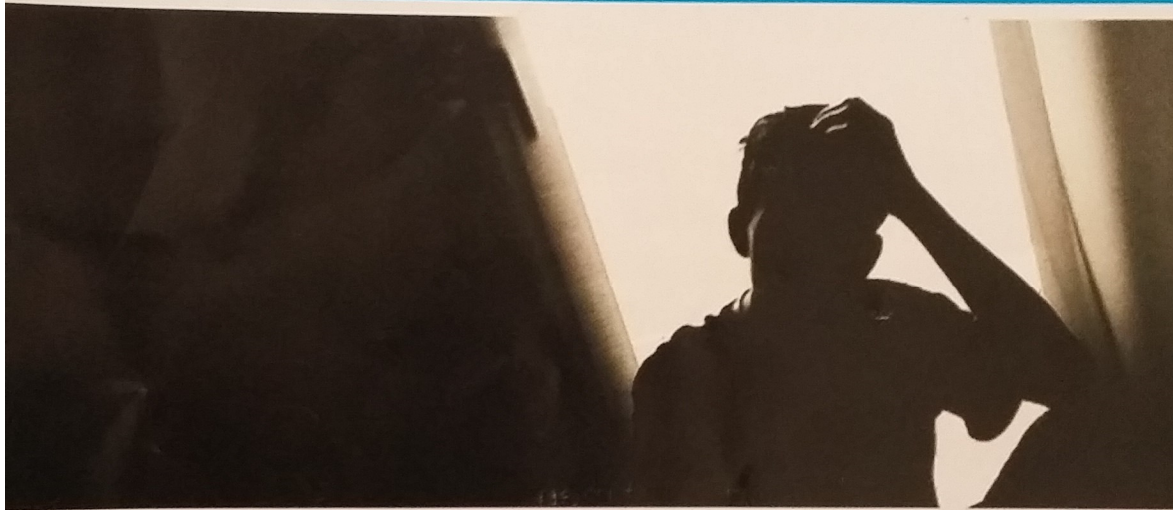
Public Charitable Trust (Reg.No. 97/04/15)

Clinic : Bhalabhavn Road, Opp.K.S.T.A Office, M.O.Ward, Alappuzha.

Phone : 0477 - 2267717, 9495162887

www.greeshmafoundation.com

E-mail : greeshmafoundationalappuzha@gmail.com



Free Treatment, Counselling and Rehabilitation

Only for patients from financially poor families

OP Section is arranged on Every Saturday



Mental health is a must for a good social life

- Mental illness has become a common problem across the world
- Our society still considers the mentally ill persons a burden
- The existing stigma against mental illness creates more hurdle for effective rehabilitation of the mental patients in our society.
- In India the issue becomes more complex due to huge population where a large number of patients are from low income families.
- Also the rising cost of medical care and living expenses make mental health care a huge task.

Treatment is not just medication

- Medicines are important in mental treatment.
- But more important is the support and care from their families and society.
- Counselling and Rehabilitation is also very important

Treatment is not just medication

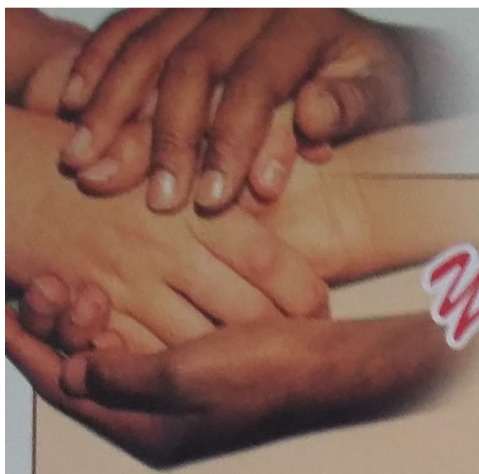
In such scenario, **Greeshma Foundation** has been giving free treatment and rehabilitation for mental patients from poor families.

Greeshma Foundation works in association with Mental Health Action Trust (MHAT) Kozhikode a renowned organisation with a concept of mental treatment driven by community based volunteers.

Our vision is to take care of mental patients from poor families and their rehabilitation.

Our aim is also to create awareness in our society for ending the stigma and discrimination against mental illness and to consider mental illness with the same dignity as that of other illnesses.





You can also help us

- Sponsor a patient's treatment and medicines. (Rs. 1000 per month)
- Donate any amount
- Sponsor lunch in our Day Care
- Be a volunteer with us for regular follow ups with the patient family.

your donations can be through cheque or Bank transfer
in the name of "**Greeshma Foundation**"

Account No. : 009500100143240
IFSC Code : DLXB00000095
Bank : Dhanalaxmi Bank
Alappuzha.

Contact us : 0477 - 2267717 / 9495162887

Email : greeshmafoundationalappuzha@gmail.com

www.greeshmafoundation.com

In association with MHAT (Mental Health Action Trust, Calicut)